

90 Seconds of IMPACT - Episode 1

As you adjust to the virtual classroom, know there are plenty of opportunities for you to engage in virtual service.

Catchafire - www.catchafire.org

IMPACT is all about career preparation through service, and www.catchafire.org is a great way to put the skills you are developing at NU to work and to build your resume by remotely serving organizations all over the world.

- Using the website, you can browse by cause, skills, or the length of a service opportunity
- Then, you can apply for an opportunity.
- Next, you will be interviewed by the posting organization.
- Finally, you will be matched for the opportunity - and the fun begins!

Smithsonian Digital Volunteers - si.edu/volunteer/digitalvolunteers

Interested in history? The Smithsonian is looking for digital volunteers to transcribe historical documents and edit Wikipedia articles related to their research.

UN Volunteers - www.onlinevolunteer.org

The United Nations connects you with organizations working for peace and development in need of skills like research, writing, art, and design.

Other Ways to Serve Today!

Donate Blood

With more than 4,500 blood drives canceled across the country and a loss of 150,000 donors, blood supplies are at an urgent low. The Buffalo Niagara region has less than a five day supply remaining. Contact the American Red Cross or Connect Life to set up an appointment.

According to the American Red Cross, “**Donating blood is a safe process and people should not hesitate to give or receive blood, platelets, or AB Elite plasma.** The Red Cross only collects blood from individuals who are healthy and feeling well at the time of donation.”

- To make an appointment today, visit:
 - American Red Cross - www.redcrossblood.org/give
 - ConnectLife - www.connectlifegiveblood.org

#HaltHate

On April 2nd, take to social media to share how you will #HaltHate and follow NiagaraIMPACT and our partner LeadershipNiagara for resources throughout the day. Visit [here](#) for more information.

Reach Out to Your Loved Ones

Video chat with your family and friends. Send a video message to those in a nursing home or a healthcare professional. Reach out to the IMPACT office to say hello!

Tell Us What You're Doing!

Share your IMPACT stories using #MyNiagaraIMPACT, and be sure to report the great things you are doing through the [IMPACT Connects](#).

Take care of yourself!