CERT classes to begin in Cambria
Wednesday, September 19th is the start date for our next Niagara County CERT class, to be held at the Cambria Fire Company, 4631 Cambria-Wilson Road in Cambria (Lockport) from 6:30-9:30 pm and run nine consecutive Wednesday nights culminating with a disaster simulation on November 14th. You must be at least 16 years of age to participate. To enroll online for the course, please visit www.niagara.edu/bcs-enrollment and pick the drop down box for CERT class - Cambria. For information on this class, feel free to email Valerie at vhaseley@niagara.edu or call her at 716.205.0076.

CERT classes to begin in Lancaster
Thursday, September 20th is the scheduled start for our next Lancaster class, to be held at the Lancaster Office of Emergency Management, 321 Columbia Avenue, Depew, from 6:30-9:30 pm. The classes will run nine consecutive Thursday evenings culminating with a disaster simulation on November 15th. You must be at least 16 years of age to participate. To enroll online for the course, please visit www.niagara.edu/bcs-enrollment and pick the drop down box for CERT class - Lancaster. For more information, please contact Dana Estrada at 716.205.0075 or email her at dle@niagara.edu.

To all CERT members: if you haven’t already obtained your regional CERT ID badge and would like to, please contact Gail in our office at gstruzik@niagara.edu. To be eligible for the regional CERT ID badge you must have:

(1) Completed the CERT training course
(2) Completed ICS 100 and are able to provide proof of completion (if you do not have this, you can complete the requirement online at http://training.fema.gov/EMIWeb/IS/is100b.asp)
(3) Must pass the background check that will be provided for you to complete online once we have the above two items verified

This regional CERT ID will help to allow CERT members to move through the region if called upon by another municipality. It is not a requirement.
August began with Border Community SERVICE’s participation at the Niagara County Fair at the Cornell Cooperative Extension in Lockport. We had a booth under the Sherriff’s tent for this five-day event that took place August 1-5. Many people stopped at our booth and received information on how to better prepare for emergencies and disasters.

On August 8th, the Countryside Community Neighborhood Watch in Newfane hosted a National Night Out event where about 50 people were present to hear comments from Niagara County’s Sheriff James R. Voutour and see a K-9 demonstration. BCS had a table and I was able to talk to families about making a Disaster Supply Kit and developing a Family Communications Plan.

BCS also participated at the Wheatfield Town Celebration that took place on Saturday, August 18th at Fairmount Park in Wheatfield; Independent Health Good for the Neighborhood Event that took place August 23rd at the Doris Jones Center in Niagara Falls; and the Healthy Families Niagara Annual Family Picnic that took place on August 24th at Outwater Park in Lockport. The people in attendance at these events learned valuable information on personal emergency preparedness.

August wrapped up by BCS hosting a Skills Enhancement Training at Cambria Fire Hall on Ropes & Knots that was conducted by Timothy E. Williams, Jr., Fire Chief at Wrights Corners Fire Company and State Fire Instructor and Les Meyers, State Fire Instructor. The instructors assisted 12 CERT members in identifying the basic knots used by fire service, taught how to tie each of them properly and their uses, as well as the basic terminology when discussing ropes and knots. It was an extremely informative class and everyone learned useful knot tying techniques to use during an emergency and even for their own personal uses.

If you or someone you know would like to have a presentation scheduled with your group, please contact Valerie Haseley at 716.205.0076 or vhaseley@niagara.edu.
As always, National Night Out was a huge success in the City of Buffalo. Border Community SERVICE had the pleasure of attending two events through the day and evening. The first was sponsored by West Side Community Services on Vermont Street. Students involved in their summer youth program, along with community members, were treated to activities, informational tables and presentations from local law enforcement as well as Mayor Byron Brown on the important role community members play in neighborhood safety. We then headed to Kensington Village Apartments on the far East Side to take part in their National Night activities. Border Community SERVICE provided a 45 minute emergency preparedness presentation and provided free incentive items to get neighbors thinking of home preparedness kits. It was a great event.

We also had the opportunity to visit a Buffalo Urban League Center site on Pine Street. The presentation turned into a lengthy discussion and tip-sharing session as many members of the audience had endured disasters and had great insight on how to better prepare.

BCS also continues to participate in the Clean Sweeps each Wednesday. In August, we spent time in the Kensington-Bailey neighborhood, as well as the Genesee/Sycamore area. It’s really a wonderful experience to meet people in their homes to give preparedness information. Many wouldn’t have the opportunity to receive information otherwise.

It’s hard to believe that the summer is coming to a close and fall is right around the corner, as is National Preparedness Month. With the impending change in weather, please take a few minutes to review your supplies in your disaster supply kit, ensure your phone numbers in your disaster plan are current and engage your family in a discussion on home preparedness.

Please don’t hesitate to contact me if you would like a presentation within the City of Buffalo.

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CERT Volunteers Needed for Diabetes Walk on October 6, 2012

The American Diabetes Association is looking for volunteers to provide assistance as route marshals and perhaps parking lot attendants with their walk on Saturday, October 6th from 9am till noon. If you are interested in helping, please contact Louie Callari, Walk Logistics Coordinator, at louiec@buffalo.com or via phone at 716.725.2642. The walk is 3 miles long - starts and finishes at Blue Cross & Blue Shield, 257 West Genesee Street.
During the summer months we had many events in Niagara County that Border Community SERVICE participated in. During August, we were at the Niagara County Fair and the Wheatfield Town Celebration. I wanted to personally thank the volunteers who helped at these events by manning the informational booth and talking to the many people in attendance about our program and their emergency preparedness plans. Your help in representing our agency at events like this are greatly appreciated.

Niagara County Fair Volunteers:
- Eugene Berg
- Michele Berg
- Deb Clouser
- Jason Coulter
- Dana Dwyer
- Ethan Gow
- Frank Hernandez
- Leonard Hoffman
- Frank Kendzierski
- Allan Klumpp
- Paul Leader
- Mary Lostracco
- Denise Rivers
- Joyce Sahr
- Sal Zarbo

Wheatfield Town Celebration Volunteers:
- Eugene Berg
- Michele Berg
- Mark Hersee
- Karl Rasch
- Rich Snyder
- Janice Vertlieb

SMART Training

The following information has been provided by Pati Aine Guzinski and if you are interested in attending any of these upcoming sessions, please contact Pati Aine

Smart Training/Meeting Calendar - SEPTEMBER 2012

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday</td>
<td>September 19</td>
<td>6:00 pm - 8:30 pm</td>
<td>Mercy Flight Ground School***</td>
</tr>
<tr>
<td>Saturday</td>
<td>September 22</td>
<td>9:00 am - 11:30 am</td>
<td>Mercy Flight Ground School***</td>
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- Dates may change due to participation in community events / drills / exercises.
- All classes will be held at the Erie County Fire Training Academy, 3359 Broadway, Cheektowaga, NY 14227.
- In an effort to facilitate an optimum training environment and experience, class size may be limited.
- Pre-registration is required for all sessions. Every effort will be made to send out session specific information, including the pre-registration form, at least 2 weeks before each session.

Pati Aine Guzinski | Training Coordinator PH Emergency Preparedness Erie County | Health  
95 Franklin Street, Room 987 | Buffalo, NY 14202  
P:(716) 858-7109 | F:(716) 858-7121  
PatiAine.Guzinski@erie.gov | http://www.erie.gov

*** All core classes must be completed to attend this training
It Doesn’t Cost a lot to be Prepared

It is no secret that many families and individuals are looking to cut back on spending. But with the frequency of disasters, both natural and man-made, can you afford not to be prepared? Preparedness doesn’t have to cost an arm and a leg. September is National Preparedness month, and we are asking you to help your family and friends prepare for whatever may come. Here are a few tips on how you can protect those that matter to you without spending a fortune.

Make a Plan. Work with your family and neighbors to make an emergency plan for the types of disasters that affect your area. Make sure everyone in your family understands where to go and what to do in case of an emergency. You can download Family Emergency Plan templates at www.ready.gov/make-a-plan.

Update Contact Information. Having accurate records for family, friends and neighbors will help you stay in contact and possibly help those in need. Make sure updated contact information is posted in visible places throughout your house and workplace.

Check your Policy. Review your insurance policy annually and make any necessary changes – renters, too! When a disaster strikes, you want to know that your coverage will get you back on your feet.

Make a Ready List. You may not need all the items in ready-made preparedness kits. Choose the essentials that fit your needs and budget. Don’t forget to keep supplies at work and in your care. Sample Ready Lists can be found at www.ready.gov/document/family-supply-list.

Plan Your Purchases. You can save money by thinking ahead. Don’t buy preparedness items just before a storm when they’re expensive and supplies will be in high demand. Buy items at the end of the season when you can get good deals.

Shop Sales. Shop at sales and used good stores. Buy preparedness items throughout the year, instead of all at once, and you won’t notice the cost as much.

Make Sure it Keeps. Store water in safe containers. You don’t need to buy expensive bottled water, just make sure your water containers are disinfected and airtight.

Request a Gift. We all get things we don’t need. Suggest preparedness supplies as gifts from your friends and family. It just might save your life.

Trade a Night Out. Trade one night out to fund your 72-hour kit. Taking a family of four to the movies can cost upwards of $80. Just one night staying in could fund your Ready Kit.

THE BEST TIP: Start now! Take small steps toward preparedness and before you know it, you will be Ready!