

# CoronaVIRUS Fact Sheet

## How it Spreads



There is NO VACCINE to prevent CORONAVIRUS  
You do not have to be sick to spread the virus.  
The virus is spread person to person.  
Keep a distance of 6 feet especially in public



## What YOU can do to keep your family and community SAFE



### STAY HOME

Avoid close contact with people—including your family members who do not live in your home.



### WEAR A MASK

Cover your nose/mouth with mask or cloth if you go out for groceries or other necessities.



### WASH HANDS

Wash hands often with soap and water. AVOID touching your face with unwashed hands.



### COVER COUGHS

Cover your mouth inside your elbow or a tissue if you cough or sneeze.

## What to do if you are SICK

**CALL YOUR DOCTOR—MONITOR YOUR SYMPTOMS**

**STAY HOME EXCEPT TO GET MEDICAL CARE**

Keep in mind that if you feel this way it does not mean you have Coronavirus.

If you do not have a doctor, CALL: Niagara Falls Memorial Medical Center

**Emergency Department at 278-4395 for directions**

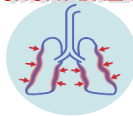
### **HIGH FEVER**



### **COUGH**



### **SHORT BREATH**



### WHEN TO SEEK MEDICAL ATTENTION

If you develop these **EMERGENCY** signs—get medical attention **ASAP**:

TROUBLE BREATHING

PAIN OR PRESSURE IN THE CHEST

NEW CONFUSION OR UNABLE TO AROUSE

BLUISH LIPS OR FACE

**Coronavirus Emotional Support Hotline 1.844.863.9314**

THANKS TO THE COLLABORATIVE EFFORTS OF : NF Memorial Medical Center, South End Housing Initiative, Memorial Park Neighborhood, Rainbow Neighborhood, NF Rotary

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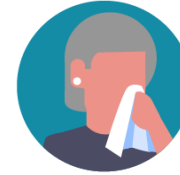
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